

## **Advanced Primary Care for Home-Bound Elders -- The Practice for Nurses**

Singapore is facing an unprecedented rate of population ageing. Despite improvements in population health over the years, the absolute number of frail elders who need long-term care is growing. The waiting time for nursing facilities and sheltered housing is long. Most Singaporeans also prefer to age at home, thus driving up the demand for trained health personnel who can support them appropriately and effectively.

Team-managed home-based primary care addresses the entire bio-psychosocial needs of the elders using primary care principles and care management processes. The multidisciplinary team approach is core to effective care for the home-bound elders.

Nurses play an important role in the interdisciplinary team. This course aims to impart the participants with the foundational knowledge and skillsets unique to a community-gerontological nurse which is crucial to the delivery of high-quality home-based primary care.

### **Who should Attend**

State Registered Nurses with at least 2 years of clinical work experience.

### **Learning Outcome**

At the end of this workshop, participants will:

1. Understand the role of a home health care nurse who supports primary care for the homebound elders
2. Acquire an approach to manage common acute clinical situations in homebound elders
3. Acquire an approach to manage common chronic clinical conditions in homebound elders, particularly the geriatric syndromes
4. Observe the process of comprehensive needs assessment and care plan discussion in a community health team.
5. Learn the clinical reporting and documentation

### **Course Objectives**

An introduction to the arena of primary care for homebound elders with a view towards long-term sustainable care at home.

### **Course Outline**

1. Introduction to Nurse Module
2. Overview of Health care policies in Singapore
3. Geriatric Home Health Care Nursing
4. Psychosocial aspect of Ageing
5. Principles of Geriatric Medicine and “ alert flags”
6. Comprehensive Geriatric assessment in community
7. Nursing approach to Geriatric syndromes
8. Common chronic disease and related nursing management
9. Approach to acute chronic medical conditions
10. Three-day attachment

## **Course Details**

### **Title:**

Advanced Primary Care for Home-Bound Elders – The Practice for Nurses

### **Dates:**

#### Lecture

21st to 23rd Feb,  
1st to 2nd, 8th to 9th Mar

#### Practicum

14th to 16th Mar – Batch 1  
21st to 23rd Mar – Batch 2

**Duration:** 10 days

**Time:** 9:00 am to 5:30 pm

### **Fee:**

For Healthcare VWOs and Nursing Homes with Portable Subsidies:

Singaporeans & PRs	\$230.05
Foreigners	\$1,265.28
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Full Course Fees (For any other organisations): \$2,300.50

Fees includes GST

### **Venue:**

To be confirmed

#### Practicum:

Tsao Foundation  
298 Tiong Bahru Road #15-01  
Central Plaza Singapore 168730

### **Registration:**

To confirm your registration,  
[Click here to register](#)

Or contact:

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