

## Enquiries



For any enquiries, please contact:

**Jasmine Kam**  
ILTC Manpower Development & Resourcing

**Agency for Integrated Care**  
Tel : 6603 6886  
Fax : 6820 0735

Living Matters

Advance Care Planning

Advocacy Workshop

## DESIRED LEARNING OUTCOMES



The key course objectives of the ACP Advocacy Workshop are for participants to:

- Understand your personal reflection in ACP
- Understand differences in ACP, AMD and LPA
- Understand how to assess readiness of clients
- Understand communication techniques to seed the ACP awareness to your clients
- Learn the various ACP tools in seeding an ACP conversation

Upon completion of the course, participants will become ACP Advocates.

## COURSE DURATION



Half-day (1pm—5.30pm)

## COURSE OUTLINE



- Understand ACP
- Role of the ACP Advocate
- Communication techniques in broaching ACP
- Understand how to assess readiness of clients in broaching ACP.
- Experience using the communication techniques through role-plays

## SCOPE OF COURSE



Most of us cannot imagine a time when we are unable to speak for ourselves but it may happen. When a medical crisis happens, it may leave us too ill to make our own healthcare decisions and our loved ones may be placed under undue stress. Making our healthcare preferences known early is an important step towards guiding the healthcare team and our loved ones to make these decisions on our behalf, in our best interests, when the time comes. This process of communication is known as Advance Care Planning (ACP). Through these discussions, individuals can share their thoughts and preferences for future care with their loved ones and discuss their wishes with their healthcare provider.

If you would like to know how you can help your clients, family and friends embark on their ACP journey, then the ACP Advocacy Workshop is for you. In this half-day interactive workshop, participants will explore their own feelings about end of life care, learn to use the ACP workbook and guide others to use it, understand the framework for ACP and enhance their communications skills.

For more information about ACP, visit [www.livingmatters.sg](http://www.livingmatters.sg)

## COURSE FEES



Free of charge

## VENUE, DATE & TIME



Run 1: 27 Aug 2018; 1pm—5.30pm  
Sunshine Welfare Action Mission (SWAMI) Home-Level 4 Auditorium

Run 2: 1 Oct 2018; 1pm—5.30pm  
Run 3: 14 Jan 2019; 1pm—5.30pm  
Training room @ International Plaza, #19-14

## TEACHING METHODOLOGY



The course will be conducted in three parts:

- Pre-course learning
- Classroom learning
- Group role plays
- Question and Answer

## TARGET AUDIENCE



Health and social care professionals of all levels and individuals with an interest in Advance Care Planning